

**2021 FROSTNIP
Results**

Location: Frame Lake
Weather: Partly Cloudy, -23C

Race Director: Amandine Galuissi
Date: March 13, 2021

Classic Ski - 1 Loop (6.3 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (hr:min:sec)	Speed (kph)
1	Leslie	Gray	11:49:00 AM	12:29:00 PM	0:40:00	9.5
2	Andrea	Sidler	12:30:00 PM	1:17:00 PM	0:47:00	8.0
3	Anita	O	11:10:00 AM	12:11:00 PM	1:01:00	6.2
4	Kevin	Cull	11:30:00 AM	12:33:00 PM	1:03:00	6.0
5	Ruth	Wilson	10:12:00 AM	11:18:00 AM	1:06:00	5.7
6	Jeff	Lee	11:24:00 AM	12:32:00 PM	1:08:00	5.6
7	Fred Deschense	Lee	11:24:00 AM	12:32:00 PM	1:08:00	5.6
8	Xianyu (Shirley)	Zhang	11:06:00 AM	12:17:00 PM	1:11:00	5.3
9	Theena	Mercado	11:06:00 AM	12:17:00 PM	1:11:00	5.3
10	Charlene	Squibb	10:30:00 AM	11:42:00 AM	1:12:00	5.3
11	Ian	Casson	10:12:00 AM	11:24:00 AM	1:12:00	5.3
12	Curtis	Naphan	10:30:00 AM	11:49:00 AM	1:19:00	4.8

Classic Ski - 2 Loop (12.6 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (hr:min:sec)	Speed (kph)
1	Rhonda	Buckland	10:13:00 AM	11:33:00 AM	1:20:00	9.5
2	Annie	Casson	10:12:00 AM	11:36:00 AM	1:24:00	9.0
3	Ashley	Deavu	10:12:00 AM	11:36:00 AM	1:24:00	9.0
4	Jon	Weller	11:00:00 AM	12:36:00 PM	1:36:00	7.9
5	Nora	Casson	10:12:00 AM	11:56:00 AM	1:44:00	7.3
6	Hiro	Kobayashi	10:15:00 AM	12:10:00 PM	1:55:00	6.6

Classic Ski - 3 Loop (18.9 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (hr:min:sec)	Speed (kph)
1	Oliver	Hodgins	10:15:00 AM	12:15:00 PM	2:00:00	9.5
2	Charlotte	Evans	10:22:00 AM	12:27:00 PM	2:05:00	9.1
3	Andy	Wong	10:12:00 AM	12:22:00 PM	2:10:00	8.7
4	Michèle	Aubé	10:12:00 AM	12:30:00 PM	2:18:00	8.2
5	Mary	Buckland	10:15:00 AM	12:34:00 PM	2:19:00	8.2
6	Patrick	Mahoney	10:30:00 AM	1:05:00 PM	2:35:00	7.3
7	Roxane	Poulin	10:48:00 AM	1:30:00 PM	2:42:00	7.0
8	Ashley	Janes	10:00:00 AM	1:00:00 PM	3:00:00	6.3

Run - 1 Loop (5.7 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (min:sec)	Pace (min/km)
1	Marie-Eve	LaRocque	11:00:00 AM	11:36:00 AM	36:00	06:19
2	Rachelle	Neglak-Voss	10:22:00 AM	11:06:00 AM	44:00	07:43
3	Kathie	Pender	11:00:00 AM	11:55:00 AM	55:00	09:39
4	Cameron	Twa	11:00:00 AM	11:55:00 AM	55:00	09:39

Run - 2 Loop (11.4 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (hr:min:sec)	Pace (min/km)
1	Lore-ann	Krysko	10:44:00 AM	12:11:00 PM	1:27:00	07:38

Run - 3 Loop (17.1 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (hr:min:sec)	Pace (min/km)
1	Clayton	Thompson	11:21:00 AM	12:54:00 PM	1:33:00	05:26
2	Ajay	Chauhan	10:12:00 AM	12:10:00 PM	1:58:00	06:54
3	Danielle	MacIntyre	10:36:00 AM	12:35:00 PM	1:59:00	06:58
4	Jennifer	Broadbridge	10:12:00 AM	12:21:00 PM	2:09:00	07:33
5	Rose	Banday	9:02:00 AM	11:30:00 AM	2:28:00	08:39

Skate Ski - 2 Loops (12.6 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (hr:min:sec)	Speed (kph)
1	Morgan	Young	10:12:00 AM	11:40:00 AM	1:28:00	8.6

Skate Ski - 3 Loops (18.9 km)

Place	First Name	Last Name	Start Time	Finish time	Total Time (hr:min:sec)	Speed (kph)
1	Mike	Argue	10:30:00 AM	11:34:00 AM	1:04:00	17.7
2	Jacob	Shank	11:45:00 AM	12:52:00 PM	1:07:00	16.9
3	Moses	Hernandez	11:35:00 AM	12:47:00 PM	1:12:00	15.8
4	Adam	Clinton	10:40:00 AM	11:58:00 AM	1:18:00	14.5
5	Artur	Zhurausky	12:45:00 PM	2:16:00 PM	1:31:00	12.5
6	Arlene	Cliffe-Phillips	11:30:00 AM	1:04:00 PM	1:34:00	12.1